

## Advisement Worksheet for Exercise and Sport Science B.S.

Use this worksheet in preparation for registration planning and refer to your degree evaluation to determine which courses you still need to complete. LEP and Writing Intensive courses should be added in after application core classes have been mapped out (core courses with an "\*" may also meet LEP requirements).

Summer:

Winter:

Fall Semester Courses	Spring Semester Courses

Summer:

Winter:

Fall Semester Courses	Spring Semester Courses

Summer:

Winter:

**Allied Health Core Courses**

*Minimum grade of C- required in each. Expected grades shown below. Listed in recommended order (not required order):*

Course	Course required prior to completing Core Course	Expected grade
HMS 160		B+
PCH 200		B+
*PSY 100		B+
*BIO 100 or *BIO 120 (BIO 102 recommended for PT, OT, & PA)		C
*BIO 200		B
BIO 201	BIO 200	B
*CHE 120	MAT 100P or placement into MAT 100 or higher	C
*MAT 122	C- or higher in MAT 112; MAT 111 or placement	C

You will find 2 Writing Intensives within the major.

**Sport Science Core Courses**

*Minimum grade of C- required in each. Expected grades shown below. Listed in recommended order (not required order):*

Course	Course required prior to completing Core Course	Expected grade
HMS 160		B+
PCH 200		B+
*PSY 100		B+
*BIO 100 or *BIO 120		C
*BIO 200 or HMS 281		B
BIO 201 or HMS 282	BIO 200 for BIO 201	B
*PHY 103	MAT 100P or placement into MAT 100 or higher	C
*MAT 107 or *MAT 122	* C- or higher in MAT 112; MAT 111 or placement	C

You will find 1 Writing Intensive within the major.

## IMPORTANT INFORMATION

- \* Students who declare a major in Exercise and Sport Science with either concentration will be given a “Pre-Allied Health” or “Pre-Sport Science” designation by the registrar.
- \* When you have final core program courses in progress (or plan to take the last during the next intersession), you must formally apply for admission into the Exercise and Sport Science program. This typically happens during the second semester of the sophomore year.
- \* Successful completion of the **core courses** (Core Course GPA of 2.70 or higher and no single grade lower than C-), which you will need to complete before the program begins.
- \* Allied Health: overall university GPA- minimum 2.70, which equates to a B- average (a 2.69 will not be accepted).
- \* Sport Science: overall university GPA- minimum 2.50, which equates to a C+/B- average (a 2.49 will not be accepted).
- \* Application deadlines: Fall: October 1 / Spring: March 1

## RESOURCES

**PRE-REGISTRATION CHECKLIST** includes **REGISTRATION DATES AND TIMES**: [CLICK HERE](#)

### **DEGREE EVALUATION:**

To generate your degree evaluation for the Exercise and Sport Science program, follow the instructions below or to watch a video tutorial: [CLICK HERE](#)

1. Log into MySCSU (login.southernct.edu) and click on Banner Web
2. Click on Student Services
3. Click on Student Records
4. Click on Degree Evaluation
5. Select current term
6. Click on Catalog term Fall 2015 or later
7. Enter your 8-digit SCSU ID

**SCHEDULE PLANNER:** To watch a quick video on how to use your Banner Web Schedule Planner [CLICK HERE](#) or for a Guide [CLICK HERE](#)

**WRITING INTENSIVES** and **LEP:** For information on how to find a course that meets a Writing Intensive (W) requirement and/or LEP requirement: [CLICK HERE](#)

**CLASS COURSE SEARCH:** We recommend you use this web-based class schedule search as it provides detailed information per course and section that will help you avoid registration errors: [CLICK HERE](#)

**HOW TO REGISTER FOR COURSES:** [CLICK HERE](#)

**EXERCISE & SPORT SCIENCE HANDBOOK:** About the program and its requirements, [CLICK HERE](#)